# AIMEE K. JOHNSON, Ph.D.

## **Employment Contact Information:**

University of South Florida Saint Petersburg College of Arts and Sciences Department of Psychology Email: <a href="mailto:aimeejohnson@usf.edu">aimeejohnson@usf.edu</a>

## RESEARCH INTERESTS

### Courses Taught:

PSY 3213 Research Methods in Psychology DEP 4053 Developmental Psychology PSY 3204 Psychological Statstics CLP 4433 Psychological Tests & Measures PSY 4205 Experimental Design & Analysis PSY 6217 Graduate Research Methods

## JAMES MADISON UNIVERSITY, Harrisonburg, VA

2017-2022

Department of Health Sciences

#### **Assistant Professor**

Tenure track position involving teaching, scholarship and service to health science department and JMU.

#### **Courses Taught:**

HTH 408 Health Research Methods HTH 320 Statistical Methods for Health Research

#### **BAYLOR UNIVERSITY, Waco, Texas**

2010-2014

2010-2014

Department of Psychology & Neuroscience

#### **Teaching Assistant- Research Methods**

2013-2014

Department of Psychology & Neuroscience

Responsible for preparing lectures; delivering research methods lectures; and supervising in statistical software SPSS exercises.

### MCLEANAN COMMUNITY COLLEGE, Waco, Texas

2012-2013

Department of Psychology & Neuroscience

## **Adjunct Instructor**

**Courses Taught** 

Division of Public Health Sciences Department of Social Sciences and Health Policy

## Wake Forest NCI Community Oncology Research Program Research Associate (February 2016 to July 2017)

Initiate study design and development of nationwide oncology cancer control/prevention trials. Primary liaison between multiple principal investigators and the study coordinating center. Lead author of NIH grant proposals and peer-reviewed manuscripts in collaboration with interdisciplinary research team.

## Post-Doctoral Fellow, R25 Training Grant (August 2014 to January 2016) (R25CA122061)

Expanded research in areas of survivorship follow-up care interventions and patient-provider communication. Gained experience in new methodologic research (i.e. mixed methods design; qualitative research). Completed coursework in clinical trials, epidemiology, and clinical trial ethics

### **BAYLOR UNIVERSITY, Waco, Texas** 2010-2014

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Assessing Burnout in Physician Assistant Students and Developing Strategies to Promote Wellness and Resilience (May 2018)

PIs: Aimee Johnson, Sarah Blackstone, Whitney Simons, Ashley Skelly College of Health and Behavior Studies Collaborative Grant Funded, \$6,899.

End of Treatment Transition to Follow-Up Care among Early Stage Lung Cancer Survivors R03CA179019 (March 2015)
PIs: Kathryn Weaver
Funded NIH/NCI, \$37,000

Validity of Hot Flash

28. Blackstone SR, **Johnson AK**, Smith N, McCall T, Simmons WR, Skelly AW (2021). Depression, burnout, and professional outcomes among Pas. *Journal of the American Academy of Physician Assistants*, *34* (9)35-41

- 18. **Johnson, A.K.**, Johnson, A.J., Barton, D., & Elkins, G. (2016). Hypnotic Relaxation Therapy improves sexual function in post-menopausal women: Results of a randomized clinical trial. *International Journal of Clinical and Experimental Hypnosis*, 64 (2), 213-224. doi: 10.1080/00207144.2016.1131590
- 17. Kendrick, C., Sliwinski, J., Yu, Y., **Johnson, A.,** Fisher, W., Kekecs, Z., & Elkins, G. (2016). Hypnosis for Acute Procedural Pain: A Critical Review. *International Journal of Clinical and Experimental Hypnosis*, 64(1), 75-114. doi: 10.1080/00207144.2015.1099405
- 16. Elkins, G., **Johnson, A.K.**, Johnson, A. Sliwinski J. (2015). Factor analysis of the Elkins Hypnotizability Scale. *International Journal of Clinical and Experimental Hypnosis*, *63* (3), 335-345. DOI: 10.1080/00207144.2015.1031550
- 15. Sliwinski, J., **Johnson**, A., Elkins, G. (2014). Investigating memory decline in postmenopausal women: Can hormone therapy and mind-body medicine be used to preserve and enhance cognitive performance? *Integrative Medical Insights*, *9*, 17-23. doi: 10.41373.7 (ki)-(i)-13.7o()T16. 15. Sencal

- 9. Elkins, G., **Johnson, A**., Fisher, W., Sliwinski, J. & Keith, T. (2013). A Pilot Investigation of Guided Self-Hypnosis in the Treatment of Hot Flashes Among Post-Menopausal Women. *International Journal of Clinical and Experimental Hypnosis*, *61*(3), 342-50. doi: 10.1080/00207144.2013.784112
- 8. Elkins, G., Fisher, W., **Johnson, A.**, Sliwinski, J. (2012). Clinical Hypnosis for Palliative Care of Cancer Patients. *Oncology Nurse Edition*, *26*, 26-30.
- 7. Kendrick, C., Koep, L. **Johnson, A.**, Fisher, W., & Elkins, G. (2012). Feasibility of sham hypnosis: Empirical Data and Implications for Randomized Trials of Hypnosis. *Contemporary Hypnosis and Integrative Therapy*, 29(4), 317-331.
- 6. Elkins, G., **Johnson**, **A** & Fisher, W. (2012). Cognitive Hypnotherapy for pain management. *American Journal of Clinical Hypnosis*, *54*, 294-310. doi: 10.1080/00029157.2011.654284
- 5. Elkins, G., Fisher, W., & Johnson, A. (2012). Initial development of a brief 1P &MCIDr7v &(s)14 (.)2T

- 2. Fisher, W., **Johnson, A.,** Fisher, L., Sharma, S., & Ceballos, N. (2013). Impulsive-Aggressive Behavior in Adolescents: A Review. In N. Gotsiridze-Columbus. (Ed.), *Aggressive Behavior: New Research*. Hauppauge, NY: Nova Publishers, Inc.
- 1. Elkins, G., **Johnson**, A., Fisher, W., & Sliwinski, J. (2013). Efficacy of Mind-body Therapy on Stress Reduction in Cancer Care. In W. Cho (Ed.), *Evidence-based Non-pharmacological Therapies for Palliative Cancer Care*. New York, NY: Springer.

#### PROFESSIONAL RESEARCH CONFERENCE PRESENTATIONS

- 28. **Johnson, AK**., Blackstone, S. & Thomas, S. "Beliefs in Just World and College Student Mental Health during the COVID-19 Pandemic". Oral Presentation presented virtually to the Society of Public Health Education. Virtual Conference. March 2020
- 27. **Johnson, AK.** Blackstone, S. "A Needs Assessment of Behaviors of Weight Conscious Drinkers: Addressing "Drunkorexia" in Undergraduates". Accepted Poster Presentation: Society of Behavioral Medicine Conference, Washington, D.C., March 2019
- 26. Weaver, K, Klepin, H, Avery, T., Lamar, Z., Pajewski, P., Hundley, G., **Johnson, AK**, Foraker, RE. Usability of an Adapted EHR-based Cardiovascular Health App in the Oncology Setting Perceptions of Oncologists and Cancer Survivors. Paper presented to ASCO Survivorship conference. Orlando, FL. February 2018
- 25. **Johnson AK**, Canzona M, Nightingale C, Prevette K, Weaver K. Early Lung Cancer Patients Perspectives and Associations of the Term "Survivor. Poster Presentation: 8th Biennial Cancer Survivorship Research Conference, Washington, D.C. June 2016.
- 24. Weaver, K.E., **Johnson AK**, Nightingale CL, Beech B, Prevette K, Leger S, Canzona M, Lechner S. Early stage lung cancer survivors' challenges during the transition to post-treatment follow-up care. Poster Presentation: American Society of Preventive Oncology Annual Meeting, Columbus, OH. March 2016.
- 23. **Johnson, A.K.** Screening for Psychological Distress in Oncology: Development of a Brief Screening Instrument. Poster accepted to the American Psychosocial Oncology Society (APSO) Annual Convention, Washington, D.C.
- 22. **Johnson**, A.K, Nightingale, C.L., Carnaby G., & Curbow. Perceived Social Support during Treatment as a Predictor of Emotional Quality of Life in Head and Neck Cancer Patients. Poster presented to the American Society of Preventative Oncology (ASPO) Annual Convention, Birmingham, AL
- 21. Elkins, G., Fisher, W., **Johnson, AK.**, Barton, D, Yu, A., Kendrick, C. (2013, July) *Hypnotic Relaxation Therapy Improves Sexual Health in Post-Menopausal Women with*

- Moderate to Severe Hot Flashes. Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.
- 20. Elkins, G., **Johnson**, A., Sliwinski, J., Fisher, W., Kendrick, C. (2013, July). *Do Cognitive Expectancies Mediate Outcome in Clinical Hypnosis for Hot Flashes?: Results from a Randomized Controlled Trial*". Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.
- 19. Elkins, G., Fisher, W., **Johnson, A.**, Ramsey, D. (2013 April). *Religiosity as a protective factor for post-menopausal hot flashes?* Poster presentation to the Society of Behavioral Medicine's Annual Convention. San Francisco, CA.
- 18. Harned, Z., Olendzki, N., Fisher, W., **Johnson, A**., Elkins, G. (2012, November). *Increasing evidence based practice among private practitioner psychologists*: Barriers and opportunities. Poster presented to the Texas Psychological Association's Annual Convention. Austin, TX.
- 17. Elkins, G., Dhir, H, Fisher, W., **Johnson, A**., Sliwinski, J., Liam, X.S., Harned, Z. (2012, November). *Clinical hypnosis for smoking cessation an employee wellness program: Lessons learned and future directions.* Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
- 16. Fisher, W., **Johnson, A.,** Elkins, G. Carreon, I., Tichy, K., Bower, J., Ramsey, D. (2012, November). *Cross-validation of a measure of non-pathological dissociation*. Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
- 15. **Johnson, A.**, Elkins, G., Fisher, W., Sliwinski, J., Olendzki, N. (2012, November) "*Initial development of a brief measure of psychological distress: Validation in a psychiatric sample*". Paper presented to Texas Psychological Association Annual Convention, Austin, TX
- 14. Elkins, G., **Johnson**, A., Fisher, W., & Sliwinski, J. (2012, October) *Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis*. Paper presented in the Top Scoring Scientific Abstracts session of the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL
- 13. Elkins, G., Sliwinski, J., **Johnson, A**., & Fisher, W. (2012, October), *Guided Self-Hypnosis for Control of Hot Flashes: A Pilot Study*. Accepted for poster presentation at the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL.
- 12. Elkins, G., Fisher, W., & Johnson, A. (2012, August) "The factor structure of a new brief measure of hypnotizability: Elkins Hypnotizability Scale." Paper presented to the American Psychological Association's 120th Annual Convention, Orlando, FL.

- *women.*" Poster presentation the Society for Psychophysiological Research 51<sup>st</sup> Annual Meeting, Boston, Massachusetts
- 1. Elkins, G., Fisher, W. & **Johnson, A.** (2010, November) "*Measuring distress in a college population: the Elkins Distress Scale*". Paper presented to the Texas Psychological Association's annual convention, Dallas, Texas

#### STUDENT HONORS THESES AND MASTER THESES

2020 – 2021	Hannah Baldwin- Honor's Thesis Advisor The Relationship between TikTok Usage and Weight-Conscious Drinking Among College Student
2019- 2020	Jordan Murrin- Master Thesis Committee Member M.S. Student, Nutrition & Physical Activity Impact of a 12-week Ketogenic Diet vs. DASH Diet on Depression Severity, Body Composition, and Metabolic Profile in a Veteran Population
2019- 2021	Becca Mathien -Master Thesis Committee Member Master of Science in Health Sciences (M.S.) An Assessment of the Wellness Needs of JMU Faculty and Staff Members
2018-2020	Carlee Logue- Honor's Thesis Advisor  Coping Strategies and JMU Undergraduates Awareness of On-Campus  Mental Resources
2018-2019	Stephanie Rathjen- Honor's Thesis Advisor  An Examination of Factors Associated with Body Appreciation, Sociocultural Attitudes of Appearance

### HONORS AND AWARDS

Outstanding Junior Faculty Award, College of Health and Behavior Studies, JMU, 2021-2022

Top Scoring Scientific Abstract Session "Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis. North American Menopause Society, October 2012

Abstract awarded "Preliminary results of a randomized controlled trial of clinical hypnosis for the treatment of hot flashes in post-menopausal women". Society of Behavioral Medicin((i)-1, (A)13.6p (ri)28

Member, Society of Behavioral Medicine, 2015 to present

Member, American Psychosocial Oncology Society, 2014 to 2017

Member, American Psychological Association, 2010 to 2023

Ad Hoc Reviewer for:

Cancer

American Psychologist

CA: A Cancer Journal for Clinicians

Translational Behavioral Medicine: Practice, Policy and Research

Psycho-oncology