

ZX SLJTH FLO

Medicare: Part B covers cognitive screening as a service during the Annual Wellness Visit (AWV). Sixty million Americans qualified for AWV in 2022 but only one-half of beneficiaries attended their AWV and less than one-third reported having a cognitive assessment.

intervention.¹³ There is substantial guidance for providers to refer patients if impairment is suspected at the AWV.¹⁴

Allows for baseline evaluation.

Absence of a baseline cognitive evaluation makes it difficult for physicians to properly identify cognitive impaiment and leads to costly misdiagnoses. Brief cognitive assessment allows for a baseline evalution and more accurate diagnosis in the future. 14

Gives individuals time to plan.

If irreversible impairment is suspected early through brief cognitive assessments (i.e., dementia), this allows individuals to be a part of their future by making their wishes known.

Figure 2. Jacobson et al., 2020

COMPELLING RESEARCH

Brief cognitive assessments are associated with benefits for people, their families, health care professionals, and the federal government.

Reverse symptoms.

Brief cognitive assessments can identify reversable causes of cognitive impairment. Some examples include vitamin B12 deficiency, medication interactions, and depression.⁷

Opportunity for brain health conversations.

Delirium and dementia are common causes of cognitive impairment⁸ and 40% of cases are entirely preventable. 9,10 Administering brief cognitive assessment creates an opportunity for patient education on prevention of future cognitive impairment.

Saves money and time.

It is estimated that \$7 trillion could be saved if individuals are diagnosed with dementia early.
Brief cognitive assessments are shorter than comprehensive cognitive assessments and still detect aspects of cognitive functioning that require more evaluation.

12

Proper referal by Medicare.

Early detection can lead to prompt referral to further neurological evaluation and

Figure 3. ACL Administration; Alz Facts & Figures 2022

POLICY CONTEXT

Medicare, Title XVIII of the Social Security Act, is administered through the Centers for Medicare and Medicaid Services (CMS) under the Department of Health and Human Services (DHHS). Legislative oversight of Medicare is through the House Energy & Commerce Committee and the Senate Finance Committee. With the passing of the Affordable Care Act in 2010, sections of Medicare Part B were ammended to cover an Annual Wellness Visit.

According to the Department of Health and Human Services (DHHS), providers are

Florida Policy Exchange Center on Aging, School of Aging Studies, University of South Florida, 13301 Bruce B. Downs Blvd, MHC 1341, Tampa, FL 33612.

A growing number of leading organizations support cognitive assessments during the AWV. Groups like the American Academy of Family Physicians, ______, and Gerontological Society of America have created toolkits to help healthcare providers administer brief cognitive assessents.

toward brief cognitive assessments during the AWV to illustrate easy adoption into clinical practice.

POLICY RECOMMEDATION

Require brief cognitive assessments in the Annual Wellness Visit under Medicare: Part B

Administering brief cognitive assessments at the AWV can be easily implemented by practitioners with the widespread availability of screening tools.

REFERENCES

- 1. Hale JM, Schneider DC, Mehta NK, Myrskylä M. Cognitive impairment in the U.S.: Lifetime risk, age at onset, and years impaired. *SSM Popul Health*. 2020;11:100577. doi:10.1016/j.ssmph.2020.100577
- 2. The Risk and Costs of Severe Cognitive

https://alz.org/professionals/health-systems-medical-professionals/cognitive-assessment

13.

Disease Why We Need Early Diagnosis.

Degener Neurol Neuromuscul Dis. 2019;9:123-130. doi:10.2147/DNND.S228939

- 14. Cognitive Assessment & Care Plan Services | CMS. Accessed April 29, 2023. https://www.cms.gov/cognitive
- 15. Thunell JA, Jacobson M, Joe EB,

Visit and diagnoses of dementias and cognitive impairment. *Alzheimers Dement Diagn Assess Dis Monit.* 2022;14(1):e12357. doi:10.1002/dad2.12357